



Sophomore Spring Action Plan

The quiet window that makes junior year calmer.

Sophomore spring has no deadlines of its own — which is exactly why it's the strategic window. Everything below is optional; together they buy a calmer junior year.

- ☐ **Now — take a real diagnostic:**
A full-length practice SAT (free at Y2 Academy) turns 'somewhere around average' into an actual number and a gap to close.
- ☐ **March–April — pick the prep window:**
Decide between spring weekly prep or a summer intensive. Both finish before junior year; choosing now protects the calendar.
- ☐ **April — take the PSAT 10 seriously:**
If school offers it, treat it as a dress rehearsal: real conditions, real review after.
- ☐ **May — plan next year's courses:**
Junior-year rigor matters most to colleges. Choose challenge your student can sustain, not maximum pain.
- ☐ **May–June — sketch the testing calendar:**
Working backward from junior fall: prep over summer, first official SAT in August or early fall, one retake slot held in reserve.
- ☐ **June — commit to the summer plan:**
Camp, course, or structured self-study — whatever it is, put it on the family calendar like a job.
- ☐ **All spring — go deeper, not wider:**
Colleges read depth in two or three activities better than a long list. Spring is when leadership roles for next year get decided.
- ☐ **The payoff:**
A student who finishes SAT prep before 11th grade walks into junior year with one major variable already solved — and National Merit odds quietly improved.